

# FEVER AND YOUR CHILD – Emergency Advice

Fever: (Temperature 100.4 (F) or higher.)

- **COVID-19 Concerns:** We can help get testing done. Testing after hours is not needed for well appearing children. Please call my office during office hours for more information.
- Temperature 100.4 (F) or higher.
- Commonly caused by a viral illness and generally not dangerous.

## CALL EMS - 911 NOW if:

- Unresponsive, Limp, or Very Weak
- Bluish Lips or Tongue
- Struggling to Breathing (More than just nasal congestion)
- Purple Bruising or Blood-Colored spots (non-blanching) skin lesions.
- Other Life-threatening symptoms.

## GO TO THE EMERGENCY ROOM NOW if:

- **Newborn < 4 weeks** with Fever of 100.4 or higher.
- **Fever > 105** and not responding to Tylenol / Ibuprofen OR if a child still **looks ill AFTER fever improves**. Fever usually **improves** with Tylenol and Ibuprofen. (But may **not** come down to normal.) Children should appear **improved** after fever decreases. A child who **remains lethargic** despite decrease in fever should be seen at the ER.
- Neck Stiffness (Painful to move chin to chest.)
- Does **not** want to be carried or moved. (Seems Painful)
- Seizure activity. (Not just chills.)
- Bloody Urine Color

**\*\* GO TO ER IF YOU FEEL SOMETHING IS WRONG AND CAN'T WAIT FOR OFFICE HOURS \*\***

## Medication

Tylenol Infant / Children

- Repeat every 4 hours as needed.

Child's weight (pounds)	6-11	12-17	18-23	24-35	36-47	48-59	60-71	72-95	96+	lbs
Liquid 160 mg/ 5 milliliters (mL)	1.25	2.5	3.75	5	7.5	10	12.5	15	20	mL
Liquid 160 mg/ 1 teaspoon (tsp)	--	½	¾	1	1½	2	2½	3	4	tsp
Chewable 80 mg tablets	--	--	1½	2	3	4	5	6	8	tabs
Chewable 160 mg tablets	--	--	--	1	1½	2	2½	3	4	tabs
Adult 325 mg tablets	--	--	--	--	--	1	1	1½	2	tabs
Adult 500 mg tablets	--	--	--	--	--	--	--	1	1	tab

Ibuprofen (Motrin, Advil)

- Repeat every 6 hours as needed.

Child's weight (pounds)	12-17	18-23	24-35	36-47	48-59	60-71	72-95	96+	lbs
Infant Drops 50 mg/ 1.25 mL	1.25	1.875	2.5	3.75	5	--	--	--	mL
Liquid 100 mg/ 5 milliliters (mL)	2.5	4	5	7.5	10	12.5	15	20	mL
Liquid 100 mg/ 1 teaspoon (tsp)	½	¾	1	1½	2	2½	3	4	tsp
Chewable 100 mg tablets	--	--	1	1½	2	2½	3	4	tabs
Junior-strength 100 mg tablets	--	--	--	--	2	2½	3	4	tabs
Adult 200 mg tablets	--	--	--	--	1	1	1½	2	tabs

## Home Care Advice

- Give extra fluids.
- Don't overwrap a child with fever who feels cold. Shivering indicates fever is increasing. Continue medication. Sponge and with lukewarm water. Do not use cold water nor rubbing alcohol.
- Call us during office hours.

